

2012

Empire 8
Indoor Track & Field
Championships

Saturday, Jan. 28
Glazer Arena • Ithaca College
Ithaca, N.Y.













Alfred University Saxons

Men's Roster

Name	Class	High School	Hometown
BAILLARGEON, Joe	Jr.	Bishop Kearney	Rochester
BRITO, Randy	Sr.	Cardinal Hayes	New York
CASSIN, Isaiah	So.	Candor	Candor
COMBS, Jimmy	Fr.	McQuaid	Penfield
DEFRUSCIO, Roberto	Sr.	Shaker	Albany
DENKENBERGER, Derek	Sr.	Horseheads	Elmira
EARLEY, Nathan	Fr.	Dublin School	New Ipswich, N.H.
ECHEVARRIA, Derek	Sr.	Cardinal Hayes	New York
ESSINGTON, Cory	Sr.	St. Mary's Ryken	Hollywood, Md.
FERGUSON, Mykel	So.	Greece Olympia	Rochester
FRANCLEMONT, Jeremy	So.	Perry	Perry
GAYMON, Craig	So.	White Plains	White Plains
GORKE, Jacob	So.	Jamesville-Dewitt	Manlius
HERNANDEZ, Roberto	So.	Academy of Letters	Bronx
HUANG, Cai	So.		Utica
HUDACK, Eric	Sr.	St. Francis	West Seneca
LOCKER, Sean	Fr.	Corning-Painted Post West	Corning
LOPEZ, Chris	Jr.	Pittsford Sutherland	Rochester
MARSHALL, Lucas	Fr.	Windsor	Windsor
MARSHBURN, Terel	Fr.	Elmira Free Academy	Elmira
NOLL, Kenneth	Sr.	Ichabod Crane	Valatie
NONNENMANN, Stefan	Jr.	New Providence	New Providence, N.J.
OSBORNE, Jason	So.	Liverpool	Liverpool
PASTRE, Alec	Fr.	Washington Lee	Arlington, Va.
ROUSH, Evan	Sr.	Newport	Newport, Pa.
SCOTT, Richard	Sr.	Eden	Eden
SELZO, Erick	Jr.	Onteora	Shokan
SHARDLOW, Justin	Sr.	Alfred-Almond	Alfred Station
SKELLY, Kiel	Fr.	Lisbon	Lisbon
STADTMUELLER, Shane	Sr.	Red Creek	Red Creek
TAMBI, Shubham	Fr.	Corning-Painted Post West	Painted Post
TRACY, Joshua	Fr.	Skaneateles	Skaneateles
WEAVER, Jeremy	Jr.	Lancaster Catholic	Lancaster, Pa.

Head Coach: Bill Sortore

Women's Roster

Name	Class	High School	Hometown
BECK, Kelly-Jo	Jr.	York	York
GLATZ, Kari	Jr.	North Babylon	North Babylon
BANAHENE, Patricia	Fr.	Brighton	Rochester
CASTRO, Andrea	Jr.	George Westinghouse	Brooklyn
COOK, Kirstin	Jr.	Kenmore East	Tonawanda
DeMONTE, Elizabeth	So.	Walt Whitman	Melville
FORRESTER, Tracie	Fr.	Letchworth	Gainesville
FRY, Aubrey	So.	Jasper-Troupsburg	Greenwood
GRAUDONS, Rebecca	So.	Mayfield	Mayfield
HALL, Chelsea	So.	Grand Island	Grand Island
HILLMAN, Miasia	Fr.	Hutchinson Tech	Buffalo
JEFFRIES, Armoni	So.	School of the Arts	Rochester
JOHNSTONE, Erin	Jr.	Rush-Henrietta	Wesrt Henrietta
KIRSCH, Jennifer	So.	Penfield	Penfield
LARKINS, Jordyn	Jr.	Harley-Allendale-Columbia	Rochester
MIRANDA, Jennifer	Jr.	Academy of Letters	Bronx
PETTIT, Corine	So.	Holland	Strykersville
PHILLIPS-JONES, Elisabeth	Sr.	Watertown	Watertown, Mass.
ROBERGE, Taylor	Jr.	Biddeford	Biddeford, Maine
SHARP, Stephanie	Jr.	Whitesville	Wellsville
SUMMERVILLE, Kayla	Sr.	Fairport	Fairport
WOOD, Samantha	So.	Newfield	Newfield

Head Coach: Bill Sortore

Ithaca College Bombers

Men's Roster

Name	Class	High School	Hometown
ALDERMAN, Ethan	Jr.	Ithaca	Ithaca
ALTOBELLI, Anthony	Fr.	Ichabod Crane	Kinderhook
AMBROSINO, Eric	Sr.	Cape Henry Collegiate	Virginia Beach, Va.
APPEL, Eric	Fr.	West Morris Mendham	Mendham, N.J.
ARDOIN, Clay	Jr.	Dolgeville	Dolgeville
ARRINDELL, Rad	Jr.	Fordham Prep	New York
ATHANASATOS, Niko	Fr.	Valhalla	Valhalla
BARRETT, Rashaad	Fr.	Connetquot	Bohemia
BARRY, Spencer	Sr.	Avon	Avon, Conn.
BEATTLE, Reid	Fr.	South Glen Falls	South Glenn Falls
BICKELL, Nathan	Jr.	Annapolis	Annapolis, Md.
BRAY, Josh	Fr.	Hilton	Hilton
BROWER, Jacob	Sr.	Downers Grove	Downers Grove, Ill.
CONFER, Matt	Jr.	Webster Schroeder	Webster
CRAIGHEAD, Dan	Sr.	Ithaca	Ithaca
DAMASKOS, John Luis	So.	Port Jefferson	Port Jefferson
DAVIS, Kevin	Fr.	Camden	Camden
DERDERIAN, Steve	Fr.	Usbridge	Usbridge, Mass.
DIAZ BOOM, Armando	Jr.	Pendleton School	Pok Ta Pok, Mexico
DRESLER, Emmett	So.	Northern Regional Valley	Haworth, N.J.
EDMONDS, Brennan	So.	Charles O. Dickerson	Ithaca
EPISCOPO, Steven	Fr.	East Syracuse-Minoa	East Syracuse
FEMIA, Matt	Fr.	Vernon-Verona Sherrill	Sherrill
FOSTER, Tyler	Jr.	Bishop Feehan	Attleboro, Mass.
GEARY, David	Jr.	Brighton	Rochester
HAMILTON, Jusan	Sr.	Ithaca	Ithaca
HEYMAN, Jake	Jr.	Lower Merion	Wynnewood, Pa.
HORWATH, Sam	So.	Kutztown	Kutztown, Pa.
JAKUBEK, Kramer	Gr.	Monroe-Woodbury	Monroe
JOHNSON, Travis	Sr.	Nashoba	Stow, Mass.
KASTLER, Matthew	Jr.	Walter Johnson	Bethseda, Md.
KILLAN, Matt	Fr.	Grand Island	Grand Island
KLEM, Jason	Fr.	Wahconah Regional	Dalton, Mass.
KOURY, Doug	Sr.	Nashoba	Bolton, Mass.
LaMOUNTAIN, Trevor	Fr.	Bridgewater-Raritan	Bridgewater, N.J.
LOTSBOM, Chris	Jr.	Walpole	Walpole, Mass.
LU, Joseph	Jr.	Taipei American School	West Lafayette, Ind.
MACKINSON, Kyle	Fr.	Marlborough	Marlborough, Mass.
MALEY, Brian	Jr.	Ithaca	Ithaca
MANN, Mason	Fr.	Keene	Keene, N.H.
MCCHEYNE, E.A.	Jr.	South Seneca	Intertaken
MESSIOURIS, Teo	So.	Long Beach	Long Beach
MITCHELL, Zack	So.	Bishop Feehan	Rehoboth, Mass.
MURRAY, Tyler	Sr.	LeRoy	LeRoy
ORENSTEIN, Julian	Jr.	Trumbull	Trumbull, Conn.
RUSSELL, Chance	Fr.	Homer	Homer
RYAN, Dennis	Fr.	Coventry	Coventry, R.I.
SAVAGE, Billy	Jr.	Indian Hills	Oakland, N.J.
SEARLES, David	Fr.	Masconomet Regional	Tosfield, Mass.
SECKLER, Robert	Jr.	Massapequa	Massapequa Park
SPALDING, Leslie R.	Sr.	Avon Old Farms (Conn.)	White Plains
SVOBODA, Alex	Jr.	Bayport-Blue Point	Bayport
TAPLER, Ian	Jr.	Guilderland	Schnectady
VAN DE WALTER, Ben	So.	Hamburg	Orchard Park
VORENSKY, Mark	Jr.	Metuchen	Metuchen, N.J.
WILKINS, Brendan	So.	Stonington	Pawcatuck, Conn.
WILLIS, Jake	So.	Gorham	Gorham, Maine

Head Coach: Jim Nichols

Ithaca College Bombers

Women's Roster

Name	Class	High School	Hometown
ABDULKY, Elaine	So.	Ithaca	Ithaca
ALLEN, Kim	So.	Middletown	Middletown
BARTKOWIAK, Allison	So.	Lockport	Lockport
BAUMBACH, Heidi	Sr.	Lake Placid	Lake Placid
BENN, Ruby	Fr.	Francis Lewis	Corona
BENWAY, Christine	Fr.	Queensbury	Queensbury
BIANCO, Leah	Jr.	Minnechaug	Wilbraham, Mass.
BRADSHAW, Gena	Fr.	St. Antony's	Westbury
BROWN, Molly	Sr.	North Penn	Landsdale, Pa.
BROWN, Rachel	So.	Vernon-Verona-Sherrill	Vernon
CARTER, Kheiyasa	So.	Valhalla	White Plains
CASS, Meghan	Fr.	Edison	Huntington Beach, Calif.
CHARNO, Annmarie	Jr.	Plainedge	Seaford
CHROMIK, Martyann	So.	Naugatuck	Naugatuck, Conn.
CLARK, Cassandra	Jr.	Camden	Camden
COFFMAN, Becca	Sr.	Indian Hills	Franklin Lakes, N.J.
COX, Hillary	Jr.	Honeoye Falls-Lima	Honeoye Falls
DAVIS, Biancha	Fr.	Southwest Atlanta Christian Acad.	Mabelton, Georgia
DEWART, Emma	Sr.	Barker	Barker
DIAMOND, Anastasia	Fr.	Pennsbury	Yardley, Pa.
DLUBAC, Ashley	Sr.	Merrimack Valley	Loudon, N.H.
EDWARDS, Katie	Jr.	St. Joseph by the Sea	Staten Island
ERICKSON, Caity	Sr.	Acton-Boxborough	Boxboro, Mass.
ERICSON, Marissa	Fr.	Mount Greylock Regional	Lanesborough, Mass.
EVANS, Hannah	Sr.	Penncrest	Media, Pa.
FRIEDMAN, Rachel	Fr.	Rondout Valley	Stone Ridge
FUSIENI-CODJOE, Yasmin	Fr.	SOS-Hermann Gmeiner International College	Accra, Ghana
GARMAN, Colleen	Jr.	Seymour	Seymour, Conn.
GASPARY, Mikayla	So.	Ballston Spa	Malta
GOLDFINE, Kelson	Fr.	State College Friends	Lemont, Pa.
GRAHAM, Carly	Jr.	West Genesee	Syracuse
GRAVES, Harmony	Fr.	Ithaca	Ithaca
GREENE, Brittany	Fr.	Mansfield	Mansfield, Mass.
HARTFORD, Mary Claire	Fr.	Washingtonville	Washingtonville
HAULTON, Jordan	Fr.	Peru	Plattsburgh
HEIKEL, Alexandra	So.	Bishop Eustaco Prep	Sewell, N.J.
HOEFFNER, Jessica	Sr.	Hauppauge	Hauppauge
HOWARD, Ebonie	Jr.	North Country Union	North Troy, Vt.
HUBBARD, Tammia	Jr.	Sacred Heart Cathedral Prep.	San Francisco, Calif.
IGNATOWSKI, Trisha	Fr.	Wheatland Chili	Scottsville
KLINGERMAN, Paige	So.	Loyalsock Township	Williamsport, Pa.
LAWRENCE, Anna	Sr.	Ogensburg Free Academy	Ogensburg
LEAFE, Brittany	Fr.	St. Johnsbury Academy	Monroe, N.H.
LEWIS, Alex	Fr.	Montrose Area	Montrose, Pa.
LOWE, Emily	Jr.	Chengango Forks	Binghamton
MALONE, Carolyn	Fr.	Eastridge	Rochester
MAMMINO, Angela	Fr.	Olympia	Rochester
MARTINO, Leigh	Fr.	Windsor Central	Windsor
MASON, Kayla	So.	Lansinburgh	Troy
MEEHAN, Shannon	So.	Hereford	Upperco, Md.
MIDDLETON, Kate	Sr.	Pinkerton Academy	Derry, N.H.
MIGA, Kristin	Sr.	Lakeview	Immaculata
MOORE, Kassie	Fr.	Scotch Plains-Fanwood	Scotch Plains, N.J.
MORRIS, Megan	Fr.	Cicero-North Syracuse	Cicero
MOULES, Cally	Fr.	Billerica Memorial	Billerica, Mass.
ORLANDO, Julie	Sr.	Haverford	Haverford, Pa.
PIAZZA, Danielle	So.	North Penn	Lasdale, Pa.
PIZZI, Angelica	Fr.	Milton	Milton, Mass.
QUINN, Molly	Sr.	C.W. Baker	Baldwinsville
RANDALL, Jenn	Jr.	Cincinnatus Central	Cincinnatus
RICK, Alexa	Fr.	Elyria Catholic	Elyria, Ohio
RISSMEYER, Amanda	Jr.	Watchung	Millington, N.J.
SCHEEMAKER, Emilia	Fr.	Scarborough	Scarborough, Maine
SCHENK, Megan	Jr.	Brick Township	Brick, N.J.
SPIRITO, Rachel	Jr.	South Kingston	West Kingston, R.I.
SWANSON, Kristen	Fr.	Timberland Regional	Atkinson, N.H.
TAYLOR, Corrine	Fr.	Auburn	Auburn
TRAVERS, Rachael	So.	Pentucket Regional	Haverhill, Mass.
WRIGHT, Hannah	Fr.	Kennett	Tamworth, N.H.
WU, Alyssa	So.	Washingtonville	Washingtonville
ZALESKI, Karen	Jr.	Sandia Preparatory	Albuquerque, N.M.
ZDOBNIKOW, Ashley	So.	Schuylerville	Schuylerville

Head Coach: Jennifer Potter

Nazareth College Golden Flyers

Men's Roster

Name	Class	High School	Hometown
CHAVES, David	So.	Brighton	Rochester
FEDRIZZI, Matt	So.	Solvay	Syracuse
FEKETE, Peter	Sr.	Henninger	Syracuse
GRIFFIN, Ira	Fr.	Jamesville-DeWitt	Syracuse
LAFAVER, Jake	So.	West Genesee	Syracuse
LAFAVER, Zack	So.	West Genesee	Syracuse
MERSEREAU, Marcus	So.	Clarence	Clarence Center
MIRANDA, Dan	Sr.	Sweet Home	Amherst
POLINO, Dan	Sr.	Clarence	East Amherst
RUTAN, Tim	Sr.	Wayne Central	Macedon
SCHIERER, Philip	Jr.	Fillmore	Fillmore
STROUGH, Josh	Jr.	Westhill	Syracuse

Head Coach: James Goss

Women's Roster

Name	Class	High School	Hometown
ANTOLOS, Kristen	Fr.	Notre Dame	Warsaw
BRACKLEY, Hannah	Fr.	Elmira Notre Dame	Horseheads
COLOSI, Candice	Jr.	Rush-Henrietta	Honeoye Falls
CUSTER, Kristi	Gr.	DeRuyter	Truxton
GILDEMEYER, Michaela	Fr.	Christian Brothers Academy	Syracuse
GILLER, Corrinne	So.	Mynderse Academy	Seneca Falls
GILLETTE, Michelle	Sr.	Henninger	Syracuse
GREER, Nicole	Fr.	Weedsport	Weedsport
HEITZHAUS, Lauren	So.	Nardin Academy	Buffalo
HOGAN, Jessica	Jr.	Horseheads	Horseheads
IRISH, Heather	Sr.	Hilton	Hilton
JAMIESON, Lauren	Jr.	South Jefferson	Adams
JOHNSON, Crista	Jr.	Ilion	Ilion
LATHROP, Kassandra	Fr.	Sherburne-Earlville	Earlville
LINDSTROM, Alyssa	Sr.	Maple Grove	Bemus Point
LOSITO, Mary	So.	Cicero-North Syracuse	Cicero
MASH, Kelsey	Jr.	Grand Island	Grand Island
MURPHY, Kayla	Jr.	West Genesee	Syracuse
MUTTER, Katie	Sr.	Aquinas	Rochester
NIEBUHR, Mindy	Jr.	Sauquoit Valley	Sauquoit
RYAN, Kelsey	Jr.	Niskayuna	Niskayuna
SAYLES, Alyssa	Fr.	Fabius-Pompey	Lafayette
SCHOENBORN, Kirsten	So.	Westhill	Syracuse
SPERA, Meleana	Fr.	Paul V. Moore	Brewerton
WYANT, Katie	Jr.	Jasper-Troupsburg	Jasper

Head Coach: James Goss

St. John Fisher College Cardinals

Men's Roster

Name	Class	High School	Hometown
ANTONIO, Nick	Jr.	Aquinas Institute	Rochester
AYOUCH, Adam	Fr.	Westmoreland	Whitesboro
BATTAGLIA, Robert	So.	Pioneer	Arcade
BAXTER, Nicholas	Sr.	Spencerport	Rochester
BENSON, Anthony	So.	Webster-Schroeder	Webster
BOEHMER, Garrett	Fr.	Aquinas	Rochester
BONNEAU, Billy	So.	Colonie	Albany
BRAY, Alec	Fr.	John C. Birdlebough	Phoenix
BRYANT, Tyrese	Fr.	School of the Arts	Rochester
CALLARA, Nicholas	Fr.	Medina	Medina
CASE, Alexander	Fr.	Aquinas Institute	East Rochester
CZAJKA, Matthew	Fr.	Alden	Alden
DARBY, Tyler	Fr.	Altmar-Parish-Williamstown	Sandy Creek
ELSTON, Travis	Fr.		Waverly
FLEMING, Jerome	Jr.	Greece Olympia	Rochester
HARTNETT, Max	Fr.	Geneseo Central	Geneseo
HERBERT, Matthew	Fr.	Wayland-Cohocton	Springwater
HILT, Zachary	Fr.	Rush-Henrietta	Pittsford
HOTTO, Jeffrey	Fr.	Penfield	Macedon
IPPOLITO, Vincent	Fr.	Fredonia	Fredonia
JABLONSKI, Kevin	Fr.	Fairport	Fairport
JONES, Kristopher	Fr.		Batavia
KOCH, James	Fr.	Churchville Chili	Spencerport
MAGNUSSEN, Evan	Fr.	Geneseo Central	Geneseo
MANCE, Brenden	So.	Watertown	Watertown
MASSARO, Mark	Jr.	Williamsville East	Williamsville
McCOY, Brandon	Fr.	Milton Hershey (Pa.)	Fairport
McMAHON, Ian	Fr.	Waverly Junior	Lockwood
MONACO, Erich	So.	Newark	Newark
POPPLE, Jake	Fr.	Canastota	Oneida
RAMOS, Jose	Jr.	School Without Walls	Rochester
RILEV, Eric	Fr.	Oneida	Wampsville
ROGERS, Kyle	Fr.	Paul V. Moore	Brewerton
SCHULTES, Ryan	Sr.	Sackets Harbor	Sackets Harbor
STAPLES, Matthew	Jr.	Bloomfield Central	Bloomfield
WEHNER, Christopher	Fr.	Cooperstown	Hartwick
WILSON, Thomas	Fr.	Jamesville Dewitt	Fayetteville

Head Coach: Mike Garger

St. John Fisher College Cardinals

Women's Roster

Name	Class	High School	Hometown
BAMANN, Shannon	Fr.	Irondequoit	Rochester
BEARDEN, Emily	So.	Johnstown	Johnstown
BOWERS, Audrey	Fr.	Cazenovia	Cazenovia
BRACKLEY, Kristen	Fr.	Elmira Notre Dame	Horseheads
BURDETT, Ashley	Sr.	Rush-Henrietta	Henrietta
CAFER, Alyssa	Jr.	Bishop Kearney	Rochester
CORRIGAN, Sheridan	Fr.	Avon	Avon
DAVIS, Shannon	So.	Cicero-North Syracuse	Cicero
DUGAN, Mary Katherine	Jr.	Bethlehem	Delmar
ERTEL, Sarah	Fr.	North Tonawanda	North Tonawanda
GALLUP, Taylor	Fr.	Morrisville-Eaton	Morrisville
GUZELAK, Stephanie	Fr.	Paul V. Moore	Brewerton
HARDING, Megan	Fr.	Palmyra-Macedon	Palmyra
HINES, Laura	Fr.	Shaker	Latham
HOLLAND, Julianna	Fr.	Byron-Bergen	Bergen
LATTUCA, Nicoletta	Fr.	Spencerport	Rochester
LENNINGTON, Amber	Fr.	Geneseo	Geneseo
MASTIN, Morgan	Fr.	Wayland-Cohocton	Springwater
MOONEY, Allison	Fr.	Geneseo	Geneseo
MULHOLLEN, Emily	Fr.	Arkport	Arkport
PHILLIPS, Katie	Jr.	Penfield	Penfield
PINKOSKY, Kendra	Jr.	Athens	Sayre, Pa.
POLIMENI, Courtney	Jr.	Naples	Naples
RHEN, Jordan	Fr.	General McLane	Edinboro
ROSAFORT, Victoria	Fr.	Fox Lane	Mount Kisco
SAXTON, Katelyn	Fr.	Spencerport	Spencerport
SCHILLINGER, Alida	So.	Avon	Avon
SHEPARD, Abigail	Fr.	Horseheads	Horseheads
TAIT, Laura	Fr.	Vestal	Vestal
VANSCOOTER, Rachel	So.	Wayland-Cohocton	Wayland
VASSILIOU, Joanna	So.	Webster-Schroeder	Webster
VONA, Megan	So.	Newfane	Lockport
WESTFALL, Amanda	Fr.	East Aurora	East Aurora
WILLIAMS, Emily	Fr.	Marathon	Marathon
WILLSON, Paige	Fr.	Griffith Institute	East Concord
WOLCOTT, Rachel	Fr.	Victor	Victor
YOUNGKRANS, Taylor	So.	Oneida	Oneida

Head Coach: Mike Garger

Stevens Institute of Techology Ducks

Men's Roster

Name	Class	High School	Hometown
AIELLO, Chris	Jr.	Watchung	Gillette, N.J.
ALVAREZ, Kristopher	Fr.	Rancocas Valley	Hainesport, N.J.
ANTES, Brad	Sr.	Plesantville	Plesantville
BALLINGER, Andrew	Sr.	Douglas County	Castle Rock, Colo.
BARRESI, Kevin	Fr.	Biotechnology	Little Silver, N.J.
BOMBARD, Matthew	Fr.	Wayne Hills	Wayne, N.J.
CAHILL, Michael	So.	Union Catholic	Clark, N.J.
CHAPEL, Nicholas	Fr.	Westfield	Westfield, N.J.
CIRASA, Joseph	Fr.	Cedar Grove	Cedar Grove, N.J.
CUNNINGHAM, Thomas	Fr.	Saint Joseph	Colonia, N.J.
DIAZ-BORDA, Andres	So.	Holmdel	Holmdel, N.J.
DiPRIMO, Nicholas	Fr.	Waldwick	Waldwick, N.J.
DRYE, Denzel	So.	Jackson Memorial	Jackson, N.J.
DUBORD, Brian	Fr.	Sussex County Tech	Hopatcong, N.J.
GARCIA, Francis	Jr.	DePaul Catholic	Hewitt, N.J.
GEORGE, Anup	Fr.		
GOODWIN, Walter	So.	Memorial	Floral Park
HAZEN, Bill	Jr.	Red Bank Regional	Union Beach, N.J.
HUMPHREYS, Sean	Jr.	Mountain Lakes	Boonton Township, N.J.
HUYETT, Joe	Fr.	Fleetwood	Blandon, Pa.
KRAEMER, Andrew	Jr.	Mt. Olive	Budd Lake, N.J.
KRIER, David	Fr.	South Brunswick	South Brunswick, N.J.
LAWREY Jr., Brian	Fr.	Newton	Andover, N.J.
LOWE, Nick	Sr.	Troy	Tustin, Calif.
LUNA, Sebastian	Jr.	Wood-Ridge	Wood-Ridge, N.J.
LYNCH, Joseph	Fr.	Barnegat	Barnegat, N.J.
MAGLIO, Michael	Fr.	Wayne Hills	Wayne, N.J.
McGRATH, Edward	Fr.	Boyertown Area	Boyertown, Pa.
McLEOD, Greg	Jr.	Hunterdon Central	Flemington, N.J.
MISKANICH, Ryan	Jr.	Toms River South	Toms River, N.J.
OLUBENGA, Tossin	So.	Hopatcong	Hopatcong, N.J.
OQUENDO, Joel	So.	St. Peter's Prep	North Bergen, N.J.
PINTO, Robert	Fr.	Messenger Farrell	Staten Island
PORTER, Carrick	Fr.	Hun School of Princeton	Hopewell, N.J.
SCOTTO, Benny	So.	Westwood Regional	Washington, N.J.
SERVITO, Victor	Jr.	Bergen Catholic	Teaneck, N.J.
STENGEL, Louis	So.	Vernon	Vernon, N.J.
TURNAGE, Andrew	Fr.	Central Regional	Bayville, N.J.
VAZQUEZ, Sean	Jr.	New Egypt	New Egypt, N.J.
VERDERAME, Andrew	Sr.	Xavier	Killingworth, Conn.
VonGONTEN, Michael	Jr.	Sayreville War Memorial	Parlin, N.J.
WORTHINGTON, Anthony	Fr.		
ZEGEL, Cory	So.	North Bergen	North Bergen, N.J.

Head Coach: John Crawford

Stevens Institute of Techology Ducks

Women's Roster

Name	Class	High School	Hometown
BRABSTON, Jamie	Sr.	Sparta	Sparta, N.J.
BUCKO, Andrea	Jr.	Union	Union, N.J.
CASTROAGUDIN, Katie	So.	River Dell	River Edge, N.J.
CASTROAGUDIN, Michelle	Fr.	River Dell	River Edge, N.J.
DARDIR, Amira	Fr.	McNair Academy	Jersey City, N.J.
DURAN, Alina	Jr.	Memorial	West New York, N.J.
EVANGELOU, Tiffany	So.	Immaculate Heart Academy	Fair Lawn, N.J.
FREED, Kelly	So.	Rutherford	Rutherford, N.J.
GRANDINETTI, Liana	So.	Ocean Township	Ocean Township, N.J.
HECKER, Christine	Fr.	Seneca	South Hampton, N.J.
HOLDER, Amethyst	Jr.	Parsippany	Parsippany, N.J.
IOSUE, Erica	So.	Bellingham	Bellingham, Mass.
KOWALSKA, Maggie	Jr.	John P. Stevens	Edison, N.J.
LEMKE, Laura	So.	W.C. Mepham	Merrick
MacKAVAGE, Allyson	Sr.	Liberty	Bethlehem, Pa.
MURPHY, Melissa	Fr.	Pequannock	Pequannock, N.J.
PRINCIOTTA, Ashley	So.	St. John Vianney	Manalapan, N.J.
PYTHON, Grace	Jr.	Bethlehem	Glenmont
QUINN, Maura	Fr.	Vernon	Highland Lakes, N.J.
ROMANOWSKI, Kristen	Fr.	Point Pleasant Borough	Point Pleasant, N.J.
RORICK, Amber	So.	Fonda-Fultonville Central	Fonda
TABOADA, Stephanie	Sr.	Mary Louis Academy	Jamaica
TYLOCK, Rebecca	So.	Shrewsbury	Shrewsbury, Mass.
WEHOF, Jenny	Jr.	Voorhees	Glen Gardner, N.J.

Head Coach: John Crawford

Utica College Pioneers

Men's Roster

Name	Class	High School	Hometown
AUSTIN, Praise	Sr.	Bronx Academy	Bronx
BAILEY, William	So.	East Granby	East Granby, Conn.
BIGGS, Raymond	Jr.	Valley Central	Montgomery
BOHNE, Brian	So.	Chittenango	Canastota
DESULME, Inri	Fr.		
DEVRIES, Donald	So.	Pen Argyl	Pen Argyl, Pa.
ELMORE, Duane	Fr.	Pocono Mountain West	Tobbyhanna, Pa.
GIBSON, Trevor	So.	Springfield	Youngstown, Ohio
GIOVANNONE, Marcus	Fr.		
GODFREY, Zach	Fr.	Fonda-Fultonville	Fonda
GUGLIELMO, Dominick	Fr.	Glens Falls	Glens Falls
HAYES, Tyler	Jr.	Massena	Massena
HICKS, Dwight	So.	William Nottingham	Syracuse
HOOVER, Andrew	Fr.		
HUFF, Noah	Fr.	Sherburne-Earlville	Earlville
JONES, Chris	Fr.	Fonda-Fultonville	Fonda
KELLY, Brian	So.		
LEWIS, David	Jr.	Notre Dame	Utica
McNAMARA, Jaime	Fr.		
MENDEZ, Carlos	Fr.		
NIXON, Bryce	Fr.		
OWUSU-AFRIYIE, Sylvester	Sr.	Walton High School	Mt. Vernon
PADGETT, Hunter	Jr.	Clinton	Clinton
PAYNE, Morgan	So.	Altmar-Parish-Williamstown	Williamstown
PHILLIPS, Michael	Fr.		
PRUCKNO, Joe	Sr.	Rome Free Academy	Rome
QUAMILY, Harrison	So.	New Rochelle	New Rochelle
RUFFING, Shane	Fr.	Westborough	Rochester
SEMINARO, Derek	Sr.	T.R. Proctor	Utica
SHAMPHALE, Kirandeep	Fr.		
SHUDER, Jeff	Fr.	King's Park	King's Park
SIKES, Kyle	Fr.		
ST. PREUX, Rodolphe	Jr.	Hartford Public High	Hartford, Conn.
STEVENS, Eric	So.	Holland Patent	Rome
STROTHER, Malcolm	So.	Liberty	Liberty
THELEMARQUE, Carmil	Fr.	North Rockland	Thiells
THOMPSON, Chauncey	Jr.	Middletown	Middletown
TUCHMAN, Benjamin	So.	Suffern	Suffern
WHITE, Mi'chael	Fr.	John Jay	Hopewell Junction
YESALONIS, Eric	So.	Sachem	Holbrook

Head Coach: Jason Rose

Utica College Pioneers

Women's Roster

Name	Class	High School	Hometown
ARMSTRONG, Jordan	So.	Oneida	Oneida
BALLONI, Jaimee	So.	C.W. Baker	Baldwinsville
BAROLETTE, Regine	Fr.		
BERNARDIN, Savannah	Fr.	Belchertown	Belchertown
BETANCES, Tatiana	Fr.		
BOGINO, Chelsea	So.	Canandaigua Academy	Farmington
BOWDEN, Anastasia	So.	Monticello	Monticello
BOWLER, Julie	Fr.	Saranac Lake	Saranac Lake
BURKE, Kendra	So.	Waverly	Waverly
CIFONELLI, Sarah	Fr.		
CIRAULO, Jess	So.	Mohonasen	Schenectady
CONNOR, Angela	Fr.		
DAY, Katie	So.	Whitesboro	Whitesboro
DeLUDE, Lauren	Fr.	Herkimer	Herkimer
DUDLEY, Katrina	Fr.		
ELWOOD, Julie	Fr.		
ERLWEIN, Rianne	Fr.	Sullivan West	Jeffersonville
FARLEY, Auriel	Fr.		
HARRINGTON, Shannon	Fr.	Oneida	Oneida
HAUSER, Tori	Fr.		
HAYNES, Kenisha	So.	Monticello	Monticello
HITCHCOCK, Marissa	Fr.	Cobleskill-Richmondville	Cobleskill
HOUSHOWER, Cate	So.	Lansingburgh	Delanson
HUDSON, Emily	Fr.	Vernon-Verona-Sherill	Verona
ISOM, Anea	So.		
MILLER, Miranda	Fr.		
PAINTER, Kelsey	Fr.	Mililani	Mililani, Hawaii
PAQUETTE, Paige	Fr.		
PENC, Lauren	Sr.	Whitesboro	Deerfield
PEREZ, Lexi	Fr.		
PRENDERGAST, Brianna	So.	T.R. Proctor	Utica
PRENDERGAST, Samantha	So.	T.R. Proctor	Utica
SLATTERY, Samantha	So.	Arlington	Hopewell Junction, N.J.
WILSON, Hayleigh	So.	New Milford	Gaylordsville, Conn.

Head Coach: Jason Rose

Schedule of Events

10:30 a.m.	Women's Weight Throw.....*followed by*
	Men's Weight Throw.....*followed by*
	Women's Shot Put.....*followed by*
	Men's Shot Put
10:30 a.m.	Women's Pole Vault.....*followed by*
	Men's Pole Vault
10:30 a.m.	Men's Long Jump .....*followed by*
	Women's Long Jump.....*followed by*
	Men's Triple Jump .....*followed by*
	Women's Triple Jump
10:30 a.m.	Women's High Jump.....*followed by*
	Men's High Jump
10:45 a.m.	Women's Distance Medley Relay
11 a.m.	Men's Distance Medley Relay
11:15 a.m.	Women's 60-meter Hurdles ***Preliminaries***
11:25 a.m.	Men's 60-meter Hurdles ***Preliminaries***
11:35 a.m.	Women's 60-meter Dash ***Preliminaries***
11:45 a.m.	Men's 60-meter Dash ***Preliminaries***
12 p.m.	Women's Mile Run
12:15 p.m.	Men's Mile Run
12:30 p.m.	Men's 60-meter Hurdles ***Final***
12:35 p.m.	Women's 60-meter Hurdles ***Final***
12:40 p.m.	Women's 400-meter Dash
12:50 p.m.	Men's 400-meter Dash
1 p.m.	Women's 60-meter Dash ***Final***
1:05 p.m.	Men's 60-meter Dash ***Final***
1:10 p.m.	Women's 800-meter Run
1:20 p.m.	Men's 800-meter Run
1:35 p.m.	Women's 200-meter Dash
1:45 p.m.	Men's 200-meter Dash
2 p.m.	Women's 5,000-meter Run
2:25 p.m.	Men's 5,000-meter Run
2:55 p.m.	Women's 1,600-meter Relay
3:05 p.m.	Men's 1,600-meter Relay

Indoor Team Champions

Men's	**Women's**
2011: Ithaca, RIT	2011: Ithaca
2010: Ithaca	2010: Ithaca
2009: Ithaca	2009: Ithaca
2008: Ithaca	2008: Ithaca
2007: RIT	2007: RIT
2006: RIT	2006: Ithaca
2005: RIT	2005: Ithaca
2004: Ithaca	2004: Ithaca

Championship History

Empire 8 Indoor Track & Field Record Book
From Empire 8 Championships Starting in 2004

Men's Track Events
55 Meters: Max Orenstein (Ithaca, 2011), 6.51
200 Meters: Amaan Siddeeq (Alfred, 2005), 22.40
400 Meters: Doug Koury (Ithaca, 2010), 50.44
800 Meters: Nick Stenuf (Nazareth, 2007), 1:54.91
Mile Run: Michael Hardbarger (RIT, 2009), 4:18.69
5,000 Meters: Nate Lowe (RIT, 2007), 14:48.42
55-Meter Hurdles: Joe Pruckno (Utica, 2011), 7.69

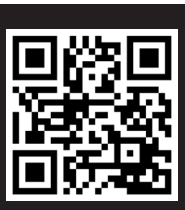
Men's Field Events
High Jump: Brendan Wilkins (Ithaca, 2011), 1.93m
Pole Vault: Michael Dempsey (RIT, 2010), 4.75m
Long Jump: Kyle Devins (Ithaca, 2010), 7.20m
Triple Jump: Kyle Devins (Ithaca, 2010), 14.16m
Shot Put: Breiten Balschmiter (Utica, 2011), 15.87m
Weight Throw: Brian Walker (RIT, 2011), 16.89m

Men's Relay Events
1,600-Meter Relay: Ithaca, 2004, 3:23.80
(Pickels, Ruger, Partyka, Ravener)
Distance Medley Relay: RIT, 2007, 10:16.61
(Varble, Sealander, O'Donnell, Hardbarger)

Women's Track Events
55 Meters: Marcia McCord (Ithaca, 2011), 7.31
200 Meters: Marcia McCord (Ithaca, 2010), 25.94
400 Meters: Sheri Kelleher (Hartwick, 2004), 57.65
800 Meters: Emily Maston (Ithaca, 2004), 2:17.00
Mile Run: Elizabeth Wilcox (Ithaca, 2006), 5:11.47
5,000 Meters: Bridgette Pilling (Ithaca, 2004), 17:55.32
55-Meter Hurdles: LaKeisha Perez (RIT, 2007), 8.44

Women's Field Events
High Jump: Meghan Morningstar (Ithaca, 2005), 1.68m
Pole Vault: Kristen DeStefano (Ithaca, 2010), 3.50m
Long Jump: Emma Dewart (Ithaca, 2011), 5.51m
Triple Jump: Marcia McCord (Ithaca, 2011), 11.41m
Shot Put: Allison Griggs (RIT, 2005), 13.07m
Weight Throw: Allison Griggs (RIT, 2005), 15.61m

Women's Relay Events:
1,600-Meter Relay: Ithaca, 2006, 4:08.47
(Bachiochi, Klumpp, J. Wilcox, E. Wilcox)
Distance Medley Relay: Ithaca, 2004, 11:59.16
(Cravotta, McQuarrie, Maston, Laytham)



Fans are invited to use an application on their smartphones (search "QR" in your phone's application center) to find live meet results and additional meet information.